

# ST. CECILIA

EST. 1913

## PARISH & SCHOOL

Clinic Name/Location	Phone Number	Insurance Accepted*
<b>Clinics that Offer Assessments</b>		
Minton Learning Services - Beaverton	(503) 490-1904	Does not bill insurance, will provide invoice **Mention St. Cecilia Referral
Portland Anxiety Clinic Outpatient - Portland (SW)	(503) 894-9630	Kaiser, out of network for others
360 Pediatric Psychology, PC - Lake Oswego	(503) 636-0508	Does not bill insurance, will provide superbill
New Leaves - Hillsboro	(503) 693-9153	Out of Network for all insurance
Whole Child Collective - Lake Oswego	(503) 782-1862	Out of network for all insurance - superbill provided
<b>Counseling/Therapy Services</b>		
Chris Messina (Behavioral Therapist) - Tigard	chris.m.messina@gmail.com	Out of network for all insurance
The Real Work Wellness - Beaverton	(503) 905-9735	Out of network for all insurance - superbill provided  Out of pocket prices on website
Balance Center for Children and Families (Bilingual Spanish/English) - Tigard	(503) 596-2222	OHP: Healthshare, CAWEM Plus  Aetna, Regence BCBS, Moda, Kaiser, Pacific Source, Aetna, BS of Oregon, Providence, MHN, United Behavioral Health, BGS, CompPsych, Cascade EAP, LyfeSynch, Coventry Healthcare, First Health, BDA, Oregon Crime Victims Compensation
Family Ties Counseling Center - Portland (S)	(503) 349-2281	PacificSource, Regence BCBS, Moda
Lake Oswego Counseling Center - Lake Oswego	(503) 675-2830	OHP: Yamhill CCO, Healthshare, Open Card, Willamette Valley  Aetna, Regence BCBS, Moda, Cigna, Medicare, First Choice, Healthnet MHN, PacificSource/Legacy, United Behavioral Health, Providence Behavioral Health, Optum, UMR, Tricare
NW Counseling Associates	(503) 444-8230	OHP: HealthShare, Open Card

- Hillsboro		Aetna/Aetna EAP, First CHOICE, HealthNet, Humana/LyfeSynch, Kaiser, Legacy, MHN, MODA, OHSU Tuality and Associates, PCHS, PacificSource, Regence BCBS, Reliant Behavioral Health
Firefly Institute - Hillsboro	(503) 560-5822	Providence, UHC \$70 visits if no insurance/not accepted
Neurotherapeutics - Hillsboro (many other locations available)	(503) 372-5147	Medicaid: DMAP and Health Share  Cigna, Kaiser, Moda, PacificSource, Regence BCBS, Reliant Health, Shasta, United Behavioral Health
NW Catholic Counseling Center - Portland (NE)	(503) 253-0964	Kaiser, Regence BCBS, Cigna, Moda, Aetna  Sliding scale available for out of network/out of pocket payments
Restore Therapy - Portland (SE)	(503) 376-7114	OHP: Health Share  Kaiser, PacificSource, PSN, Smart Choice, Smart Alliance, Smart Health, Prime: Legacy + Employee Health Plan, Medi Shield, BrightPath, Regence BCBS (Psychiatry and psychological testing only), Moda (Psychiatry and psychological testing only), Affinity (Psychology only), Beacon, Connexus, Community Care Network, OHSU PPO, Summit (Psychology only), Synergy  Out of Network prices on website
LifeStance Health - Bethany, Beaverton, Cedar Hills, Hillsboro, Portland (NE and SE), Tigard, Tualatin, Lake Oswego	(503) 233-5405	Aetna, Beacon Health Options, BCBS, Cascade EAP, Cigna, Care Oregon Advantage Plus (Mental Health), First Choice Health, Humana, Kaiser, Lifesynch, Magellan, Medicare (Mental Health), MHN of California, Moda, MultiPlan, Oregon Medicaid Fee for Service (i.e. Open Card or DMAP), Health Share of Oregon, Optum (United Health Plans), Premera Blue Cross, Private Health Care Systems, Providence Health Plans, Providence Preferred, Regence BCBS, Reliant EAP, Tricare (Mental Health), United Healthcare/United Behavioral Health, Wellpoint EAP
The Children's Program - Portland (SW)	(503) 452-8002	Blue Cross (includes Regence, Anthem, Premera, Federal BC, BCBS), Bridgespan Health, Cigna, HMA, Optum (AKA Providence Behavioral Health and United Behavioral Health), UMR, Aetna, First Choice Network (Tuality Health Alliance, Meritain, Kaiser Added Choice), Pacific Source

Portland Anxiety Clinic Higher level care/Inpatient - Portland SW	(503) 894-9630	PacificSource, Regence BCBS, Cigna Sliding scale available for out of network/out of pocket payments
Sapphire Blue Solutions - Lake Oswego	(503) 726-5216	Aetna, BCBS, Optum, Kaiser, Moda, Providence, OHP, Pacific Source, Trillium, Care Oregon
Rise Therapeutic Services - Sherwood	risetherapeutic servicesllc@gmail.com	No insurance accepted
New Horizons Wellness Services Occupational Therapy - Tigard	(503) 352-0240	No insurance accepted - superbill provided
Bend Health - Virtual Only	(800) 516-0975	Cigna, First Choice, First Health, Optum, United Healthcare, aetna, BlueCross BlueShield  Others accepted - check with provider
<b>Speech-Language Pathology</b>		
Talking Tree Therapy Madelyn Ueland - Tigard	maddie@talkingtree therapy.com 503-853-0959	Out of network for all insurance - superbill provided
Little Peas Speech Therapy - Beaverton	(503) 579-7327	Regency BlueCross BlueShield of Oregon, United Healthcare, PacificSource Health Plans including Legacy+ Health Plans, Cigna, Moda Health, Aetna and Zelis, Intel's Providence Plans (with pre-authorization only), Kaiser (with referral only)  Out of network for all other insurance, will provide appropriate documentation for reimbursement
New Horizons Wellness Services Sam Skaaland - Tigard	(503) 352-0240	No insurance accepted - superbill provided
<b>Applied Behavioral Analysis (ABA)</b>		
Behavioral Imprints - Beaverton	(971) 425-1014	Contact for insurance information
Starlight Behavioral Health	(602) 622-5917	Cigna, Care Oregon, Providence, Optum, Regence Blue Cross Blue Shield  Contact for additional insurance information
<b>Tutoring</b>		

Alison Downey (Orton Gillingham Certified) - Tigard	ralliewithalison@ gmail.com	\$95 per session
Kara Schommer (Orton Gillingham certified and Math) - Tigard	ralliewithkara@ gmail.com	\$95 per session

\*Insurance accepted at time of list creation, please still check with your provider.